

NATIONAL HOTLINES

You or someone you know could be in crisis and don't know where to turn. Please use one of the many hotline numbers below. They are available 24/7 and are 100% confidential and free.

Abuse

National Sexual Assault Hotline 1-800-656-HOPE (4673)

Stop it Now! 1-888-PREVENT

National Child Abuse Hotline 1-800-4-A-CHILD (422-4453)

Child Abuse National Hotline 1-800-25ABUSE

Children in immediate danger 1-800-THE-LOST

Exploitation of Children 1-800-843-5678

Addiction

Marijuana Anonymous 1-800-766-6779

Alcohol Treatment Referral Hotline (24 hours) 1-800-252-6465

Cocaine Hotline (24 hours) 1-800-262-2463

Drug Abuse National Helpline 1-800-662-4357

National Association for Children of Alcoholics 1-888-554-2627

Ecstasy Addiction 1-800-468-6933

Don't know where to start? Dial **2-1-1** on your phone to be connected with the national human service call center.

Crisis Text Line: **TEXT HELLO TO 741741**

Domestic Violence

National Domestic Violence Hotline 1-800-799-SAFE

National Domestic Violence Hotline Spanish 1-800-942-6908

Battered Women and their Children 1-800-603-HELP

Elder Abuse Hotline 1-800-252-8966

Family Violence Prevention Center 1-800-313-1310

Suicide

Suicide Hotline 1-800-SUICIDE (784-2433)

1-800-273-TALK (8255)

Suicide Prevention Hotline 1-800-827-7571

Deaf Hotline 1-800-799-4TTY

LGBTQIA+

Helpline: 1-800-398-GAYS

Gay and Lesbian National Hotline 1-888-843-4564

Trevor Hotline (Suicide) 1-866-4-U-TREVOR

For more phone numbers visit:

- <https://www.pleaselive.org/hotlines>
- <https://www.apa.org/topics/crisis-hotlines>
- <https://www.mass.gov/service-details/crisis-hotlines>