

August 2022

Dear Winchendon Public Schools, Students, Parents, and School Community:

2022-2023 Meal Prices:

Breakfast \$0.00 Lunch \$0.00

Reduced lunches \$0.00 Adult Lunch \$4.65

\$0.60

Thank you! To the State of Ma. for making all breakfasts and

lunches free for all students in the 2022-2023 School Year.

**If your child is on free or reduced priced meals milk or water will cost \$0.60 if

purchased separately**

Nutrislice

Milk

An interactive online website and mobile app. for school menu and nutrition information! Parents and students can view our school breakfast and lunch menus at winchendonk12.nutrislice.com. Nutrislice allows users to view current menus, filter for allergies, and see nutrition information including Carb counts!

Breakfast

Start your day right with breakfast! Students who eat breakfast have more energy throughout the day, pay more attention in class, reduce their stress levels and change their overall attitude! All students on the free & reduced lunch program are eligible to receive a free or reduced (\$0.00) priced breakfast. Paid breakfast is \$0.00.

Allergies are nothing to sneeze about!

If your child has a food allergy and may need menu modification please contact Roman Ruzbasan, the director of dining services so that we can work with you, your child and the school's nurse to start enjoying school lunch with us!

District Charge Policy regarding School Meals:

Parents/guardians must keep a positive balance in their child's account at all times as no "charging" is allowed. Parents/guardian may sign up for the online payment system at www.myschoolbucks.com. This system can be used to set-up automatic low-balance notifications and allow parents to pre-pay for meals. Please, reference the local charge policy on the Winchendon Public Schools website.

Free & Reduced Priced Meals

Winchendon Public Schools will begin the Community Eligibility Program this year. All WPS students will have free breakfast and lunch for the 2022-2023 school year. This program does not operate under school lunch applications. PLEASE, DO NOT FILL OUT LUNCH APPLICATIONS that you have done so in the past. We will be working hand and hand with the State of Massachusetts policy on free lunches and breakfast that was passed over the summer.

Please feel free to contact us at any time rruzbasan@winchendonk12.org or 978-616-1477

Sincerely, Roman Ruzbasan **Dining Services Director** Winchendon Public Schools **Chartwells School Dining Services**

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- (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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